THE NUTCRACKER
HIGH POINT BALLET

Curriculum Alignment for the "Nutcracker Ballet"
With ***North Carolina Standard Course of Study***

Grade Level: Grade Two

Arts Education: Dance
Competency Goal 1: The learner will identify and demonstrate elements and skills in dance.

Objectives:

1.01 Demonstrate increasing kinesthetic awareness.
1.02 Utilize and elaborate on the element of space in dance.
1.03 Utilize and elaborate on the element of time in dance.
1.04 Utilize and elaborate on the element of energy/dynamics in dance.
1.05 Observe and describe the inter-relatedness of dance elements in a brief movement study.

Competency Goal 2: The learner will understand choreographic principles, processes, and structures.

Objectives:

2.01 Compare and contrast the differences between spontaneous and planned movement.

Competency Goal 3: The learner will understand that dance can create and communicate meaning.

Objectives:

3.01 Create movements to express ideas, feelings, or stories.
3.02 Discuss interpretations of and reactions to a dance.

Competency Goal 4: The learner will apply and demonstrate critical and creative thinking skills in dance.

Objectives:

4.01 Create and explore multiple solutions to a given movement problem.
4.02 Discuss and explore movement similarities and differences in a dance sequence.
4.03 Evaluate dance in multiple ways.

Competency Goal 5: The learner will demonstrate and understand dance in various cultures and historical periods.

Objectives:

5.01 Compare and contrast dances from various cultures and historical periods.
5.02 Identify various ways in which people respond to their environments through dance.

Competency Goal 6: The learner will make connections between dance and healthful living.

Objectives:

6.01 Identify and demonstrate safe practices during dance movement activities.
6.02 Demonstrate ability to self-monitor concentration and focus during dance movement activities.
6.03 Explain healthy practices which enhance the ability to dance including the importance of warm-ups and nutrition.

Competency Goal 7: The learner will make connections between dance and other content areas.

Objectives:

7.01 Explain connections between dance and at least three other content areas.
7.02 Use technology as a tool for creating and exploring dance.

Competency Goal 8: The learner will understand dance as an art form with a range of opportunities for involvement.

Objectives:

8.01 Show respect and appreciation for the dance movement efforts of others.
8.02 Identify the roles of audience members and performers when viewing dance.
8.03 Identify and demonstrate appropriate behavior when creating, performing, or viewing dance.

Sample Lesson Plan for K-5

Grade Level: Kindergarten through Grade 5

English Language Arts

Competency Goals:

- The learner will apply enabling strategies to read and write.
- The learner will apply strategies and skills to comprehend text that is read, heard, and viewed.
- The learner will make connections through the use of oral language, written language, and media and technology.
- The learner will apply strategies and skills to create oral, written, and visual texts.
- The learner will apply grammar and language conventions to communicate effectively.

Links to lesson plans on the internet. ***

http://www.funlessonplans.com/awinter/nutcrack.pdf

http://www.edhelper.com/teachers/dot_to_dot_Nutcracker.htm

http://www.edhelper.com/teachers/coloring_Nutcracker.htm

www.lessonplanet.com

http://www.thevirtualvine.com/thenutcracker.html

http://www.teachwithmovies.org/guides/nutcracker.html

http://internationalballetacademy.net/InternationalBallet/NutcrackerLessonPlan.doc

http://www.babycenter.com/210_lesson-plan-for-nutcracker-ballet_4661.bc

http://holidays.kaboose.com/christmas/nutcracker-story-music.html

http://www.awesomelibrary.org/Classroom/Social_Studies/Holidays/Christmas.html

http://www.pbs.org/wnet/gperf/education/plan_nutcracker_overview.html

http://www.nutcrackerballet.net/html/nutcracker_music.html

http://www.davis.k12.ut.us/etc/tcip/TCIP295.htm

*** all links were accurate at time of publishing.

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