Curriculum Alignment for the "Nutcracker Ballet"
With ***North Carolina Standard Course of Study***

Grade Level: Grade One

Arts Education: Dance
Competency Goal 1: The learner will identify and demonstrate elements and skills in dance.

Objectives:

1.01 Demonstrate kinesthetic awareness through identification of body parts and range of motion.
1.02 Demonstrate and explore the element of space in dance: personal/general, locomotor/non-locomotor, axial movement, shape, level, direction, and pathways.
1.03 Demonstrate and explore the element of time in dance: tempo and rhythm.
1.04 Demonstrate and explore the element of energy/dynamics in dance.

Competency Goal 2: The learner will understand choreographic principles, processes, and structures.

Objectives:

2.01 Demonstrate and identify the differences between spontaneous and planned movement.
2.02 Demonstrate patterns in dance.
2.03 Demonstrate and identify beginning, middle, and end in dance.

Competency Goal 3: The learner will understand that dance can create and communicate meaning.

Objectives:

3.01 Show ideas, feelings, and stories through dance movement.
3.02 Discuss various dance movement experiences.
3.03 Identify and demonstrate similarities and differences between dance and other forms of human movement.

Competency Goal 4: The learner will apply and demonstrate critical and creative thinking skills in dance.

Objectives:

4.01 Demonstrate at least two different solutions to a given creative movement problem.
4.02 Identify similarities and differences in movement sequences.
4.03 Evaluate dance movement sequences.

Competency Goal 5: The learner will demonstrate and understand dance in various cultures and historical periods.

Objectives:

5.01 Discuss the role of dance in celebrations and events.
5.02 Identify and explore dances from various cultures.

Competency Goal 6: The learner will make connections between dance and healthful living.

Objectives:

6.01 Demonstrate self-awareness through dance movement activities.
6.02 Demonstrate concentration and focus during dance movement activities.
6.03 Identify and describe healthy practices including the importance of warm-ups to enhance the ability to dance.

Competency Goal 7: The learner will make connections between dance and other content areas.

Objectives:

7.01 Identify connections between dance and at least two other content areas.
7.02 Identify and explore various applications of technology in dance.

Competency Goal 8: The learner will understand dance as an art form with a range of opportunities for involvement.

Objectives:

8.01 Describe and show respectful behaviors toward others in dance movement experiences.
8.02 Identify the role of an audience member when creating or performing dance movement.
8.03 Identify and demonstrate appropriate behavior when creating, performing, or viewing dance movement.

Sample Lesson Plan for K-5

Grade Level: Kindergarten through Grade 5

English Language Arts

Competency Goals:

- The learner will apply enabling strategies to read and write.
- The learner will apply strategies and skills to comprehend text that is read, heard, and viewed.
- The learner will make connections through the use of oral language, written language, and media and technology.
- The learner will apply strategies and skills to create oral, written, and visual texts.
- The learner will apply grammar and language conventions to communicate effectively.

Links to lesson plans on the internet. ***

http://www.funlessonplans.com/awinter/nutcrack.pdf

http://www.edhelper.com/teachers/dot_to_dot_Nutcracker.htm

http://www.edhelper.com/teachers/coloring_Nutcracker.htm

www.lessonplanet.com

http://www.thevirtualvine.com/thenutcracker.html

http://www.teachwithmovies.org/guides/nutcracker.html

http://internationalballetacademy.net/InternationalBallet/NutcrackerLessonPlan.doc

http://www.babycenter.com/210_lesson-plan-for-nutcracker-ballet_4661.bc

http://holidays.kaboose.com/christmas/nutcracker-story-music.html

http://www.awesomelibrary.org/Classroom/Social_Studies/Holidays/Christmas.html

http://www.pbs.org/wnet/gperf/education/plan_nutcracker_overview.html

http://www.nutcrackerballet.net/html/nutcracker_music.html

http://www.davis.k12.ut.us/etc/tcip/TCIP295.htm

*** all links were accurate at time of publishing.

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